

Glenview Values Meeting  
June 4, 2019

1) Welcome and Introductions

2) PRESENTATION by Dr. Garg- Medical Cannabis in Illinois

- Dr. Garg is an integrative medicine doctor at North Shore who has had positive experiences with his clients using medical marijuana
- Law was passed to legalize recreational marijuana, but still have to make “rules” around it
- Recreational marijuana will be taxed 10-30%, whereas medical marijuana is taxed at 1% prescription medicine rates
- Dr. Garg detailed the bleak picture of treating chronic pain with opioids, and subsequent opioid related deaths
- Hx chem of marijuana

Stats on Chronic Pain

- 1 of 5 or 6 have some level of chronic pain.
  - 20,000 dying of opioid overdoses
  - In IL about 2000 deaths, approaching 4000 (nearly doubling?)
  - Many believe opioids are a gateway to heroin- exponential growth of OD
  - Despite many believing in the addictive nature of Cannabis, research shows low levels of dependency rate - Cannabis is 9% dependent rate (as low as caffeine)
  - In contrast to Tobacco that has a 32% dependency rate; 480K die from tobacco every year
  - Cannabis goes back 1000 years (India, China, Greece)
  - 1970 the Federal Government classified it as schedule 1. No medicinal use, no studies on it
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- Dr. Garg discussed the active ingredients in Cannabis : THC, CBD (Cannabidiol)
  - He discussed the Healthcare Costs Savings with Cannabis as well as the reduced rates of death as a result of the reduced number of prescription drugs out there

Medicinal Cannabis vs. Street Cannabis

- Street Cannabis has a lot of THC in it, can be dirty, can be laced
  - Is it a gateway drug? It's a gateway DEALER (so, not an issue with medicinal cannabis)
  - Chicago: 100,000 gang members, 59 gangs 1/5 of the business is street cannabis
  - Dose makes it remedy or a poison
  - National Academy of Sciences pushed to have marijuana declassified and studied
  - Many who take medical marijuana take fewer medications, less toxic
  - US had a patent (2003?) on it, despite classifying Schedule 1
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- Physician's don't prescribe medicinal marijuana, they certify that a patient has one of the 41 qualifying conditions approved in Illinois. Common ones: Cancer, Aids, ALS, MS, Glaucoma

- Some doctors won't sign- companies won't allow their doctors to sign for this
- Some doctors charge patients to sign the certification form, unethical, illegal (?)
- Doctors can charge for consultation time
- 9-12 month wait for integrative doctors. Fees 500\$
- Group visits sometimes happen and involved- reviewing pain management
  
- New program, Illinois Opioid alternative pilot program, has resulted in 3000 people certified since February
- Dispenseries have "Budtenders" (not a pharmacist)
- This is probably a secondary market for medical marijuana
- Rate of diversion of opioids is 50% (1/2 of vicadin goes to someone other than person indented; black market is 10-20\$ a pill)

### Resources

Health Effects of Cannabis and Cannabinoids (nationalacademuy...)  
 DOH Department of Health (Doh.dc.gov)  
 Team at NorthShore

### Questions

Q: How is medical marijuana regulated?

A: It's done by the states. IL has great regulation and requirements (no insect fragments)

Q: For children in IL 2 doctors have to sign off on it

A: Children with severe neurological disorders, seizures  
 Children's hospitals won't prescribe it

### 3) Committee Reports

- a. Character Counts!: Continuing to discuss 4<sup>th</sup> of July Parade, Summer Fest, and essays, posters, video process.
- b. Social Service Report: Discussed what was going on. Next month, Adrianna Kelly, Sister Paul Ann Needy Family Fund, coming and talking about the history of their programs and process of referrals for that.

### 4) Individual Announcements

- a. Gayle- Pantry Pallusa June 29<sup>th</sup> following Summer Fest 5:30-10:30 in the Glenview Metra Parking lot. \$10 admission. Music, Food, Beer and Wine. Proceeds go to the Northfield Township Food Pantry.
- b. Journey Care just purchased Northwestern Home health and hospice. Servicing from 10 to 13 counties. Expanding programming, including doctor house calls. Will be adding 200 new employees and 3 counties.
- c. Cathy Kedijian- You will hear about district 34 facility needs. We will be going to referendum. Today, launching a whole new community engagement platform tool. Hearing from the community and a place for discussion. Will have in person community engagement sessions in the fall. We do have a big need. About 60 million dollars in need of work to get building steady.

- d. Caryn M. Valadez, Chief of Staff for State Representative Jennifer Gong-Gershowitz. End of session town halls  
Thursday, June 6<sup>th</sup> evening at Evanston Public library  
Friday, June 7<sup>th</sup> from 10-12 at Glenview Park Center.  
July 4<sup>th</sup> looking for volunteers to walk in the parade. Contact our office and let us know.
- e. Karen Paszkiewicz (District Director for Commissioner Scott Britton). Doing fundraiser for Wings Domestic Violence (See attached flyer). June 20<sup>th</sup> at 5:30.
- f. Janet Spector Bishop – We wrap up school this week. Busy summer. Breaking ground at our new first steps pre-school. Located at D and central. Will get our teams to transition to middle school model and full day kindergarten. Also redistricting 500 students.
- g. Sheri Latash, Co-President of League of Woman Voters, Glenview, Glencoe. See Hand Out attached. Census 2020. We have a problem - 16 million people undercounted in the last Census. IL will lose funding and will lose a congressional seat, possibly 2. What is required to form a local count committee? Village is not going to form one because of the significant amount of resources that are required to go into forming this. Sheri wondered about how the community could step up? Please see the first resource listed to learn more “2020 Census Complete Count Committee Guide. Census bureau paying between \$18-\$22 an hour for enumerators. May be a good summer job. Glenview response rate over 70%. Glenview television on utube - Presentation.
- h. Jane: Busy in the library: 2020 library celebrates its 90<sup>th</sup> anniversary. Reconfiguring the space. Have to move stacks and replace carpet. Hope to have that open as a way to celebrate 2020, 90<sup>th</sup> anniversary. The Library Board approved the design concept to create 2 new spaces. One will be maker space. The other one will be a reconfiguration of space on 1<sup>st</sup> floor. Started our summer reading program this week. One for little kids, middle schoolers, high schoolers, adults, and staff.
- i. Craig Solomon
  - i. Besty Baer asked Craig to remind summer fest June 29<sup>th</sup> 9-3:30, Same location down LeHigh. There is limited space available if anyone wants to get a booth space
  - ii. I chair the 4<sup>th</sup> of July Fundraising Committee for Glenview. Most of the cost of that day’s events (parade and fireworks) come for residents and local business, along with park district and village services. We fundraise 80K annually. Expenses have risen to 100K annually. I have to thank the Glenview Park Foundation for leading the way. We are doing a 50/50 raffle. Sales started June 1<sup>st</sup> Winner will get 50%, Park Foundation will get the other 50%. They have earmarked ½ of their ½ for the 4<sup>th</sup> of July. Tickets are 20\$ a piece.
- j. Kim Hand
  - i. Just had a webinar about Farmer’s market tickets for seniors will become available in July. More information to follow.

- ii. June 15<sup>th</sup> please wear purple for awareness of World Elder Abuse Awareness Day
- iii. CUE – Compassionate Communication: Challenging Behaviors, Difficult Conversations (see flyer)
- iv. 6/27/19 Stonewall Uprising 3pm. (see flyer)
- k. Jim Patterson
  - i. Culvers opened up yesterday. He wants us to provide feedback about the Culver sign. Some are suggesting it's too big or too bright.
  - ii. Recreational marijuana has been approved by the state. We are not sure what that means, and we are reading and trying to understand what our options are. We probably won't do anything until October.
  - iii. Capital Bill – we got \$500,000 for project on Phingston and Lake. Thanked Caryn Valadez
  - iv. The Bes property will be going on the agenda for consideration again.

Have a great summer. Next meeting is September 10, 2019. Details to come!

Minutes by Renee Z. Dominguez, Ph.D.; Family Service Center