

Glenview Values Project Meeting Minutes
Tuesday, May 1, 2018
Glenview Public Library

Welcome

Pastor Kyle Severson opened the meeting at 7:34 a.m. with introductions.

April Minutes

Distributed electronically in April.

Announcements

Kim Hand distributed Glenergy fliers (programs for seniors at the Glenview Public Library).

Wesley's Pizza Mania is this Friday. The event supports Wesley's scholarship program. Raffle tickets may be purchased in advance if you're unable to attend. If you know of a family that would benefit from an evening out, Craig will arrange tickets for them.

Jane Berry reminded that people are needed for the library's focus groups. Information is at bit.ly/Glenview-pl.

Deputy Chief Cathy Sostak reminded us that the police department now has a 24-hour drop-box for prescription and over-the-counter medications (no liquids, no sharps).

On May 31st, Congressional Representatives Schneider and Schakowsky are sponsoring a veterans' event in Des Plaines.

Friday, May 18th is Cop on Rooftop day. Glenview police will be at Lake and Milwaukee raising funds for Special Olympics.

Saturday, May 19th there will be activities observing National Missing Children Day.

June 30th is Glenview Summerfest followed by Pantry Palooza that evening.

Eyes on the Street

No reports.

Program

Erin Tegge, prevention program coordinator at Peer Services, talked about vaping. Erin is part of the Glenview Northbrook Coalition for Youth which focuses on community-level strategies to impact substance abuse prevention among youth. Vaping and e-cigarettes are a growing problem.

Vaping is using an electronic, battery-powered device to ingest nicotine. Initially vaping was considered a safer alternative to smoking but that has changed. There are now many brands (JUUL, Phix, etc.) and new terms relating to vaping.

E-cigarettes were first marketed to smokers looking for alternatives. That has changed and so have the appearance of the devices. They are now easily concealable and may look like USB devices, gum wrappers, pens, asthma inhalers and other everyday items. They come in many flavors, including fruit, candy, chocolate milk and more, most of which clearly target young people. There are also many accessories available easily through Amazon.

There has been tremendous growth in youth use of e-cigarettes. That growth correlates with spending on marketing. The Illinois Youth Study numbers show that District 225 student usage is high. One-third of high school seniors report having used e-cigarettes in the last 30 days. E-cigarettes are subject to very light regulation. Erin showed a graphic locating local vape shops, which are plentiful; supplies are also available on line.

The top reasons students report trying vaping are the appeal of something new and the flavors. It seems to some of them to be a safer alternative to other behaviors (drinking alcohol, trying marijuana, etc.). Kids need more help navigating those issues.

Erin outlined some of the effects of vaping: contains nicotine, can lead to addiction, increases likelihood of using other tobacco products, nose and eye irritation, gum disease, flavorings linked to respiratory problems and lung disease, unintentional poisoning from e-liquids.

One JUUL pod is the equivalent of smoking a full pack of cigarettes. Unlike traditional cigarettes, e-cigarettes or vape pens do not have natural stopping points, so users often ingest more nicotine in a short period of time. In addition, many harmful chemicals are found in secondhand vapor.

Some signs that students may be vaping include scent, “pens” that aren’t pens (look for holes), copious sipping of liquids because vaping is drying, nose bleeds, passing on caffeine, and using clothing to disguise.

Adults need to educate themselves, even visiting vape shops to become familiar with what’s going on. Talk to people about vaping and share concerns. With youth, send a clear no-use message, monitor on line activity, and visit their bedrooms. Advocate for policy change since laws for vaping and tobacco products are different.

Marijuana can also be vaped in dry herb or concentrate/wax form. The concentrate contains extraordinarily high THC levels (as much as 99%). The concentrate looks like honey or butter and is used in edibles. Vaping marijuana requires a higher heating source than vaping other substances; gold-plated devices are typically used for marijuana. The devices needed for marijuana are pricier than the others, but young people are now figuring out ways to modify JUULS for marijuana.

It is possible to overdose on marijuana, which may lead to hallucinations, paranoia, panic attacks, confusion, increased heart rate, uncontrollable vomiting and more.

Character Counts

Character Counts is now aware of the Respecting Differences effort. Character Counts would like to participate in the initiative. The winning essays for Character Counts were published in the local press.

Social Service Subcommittee

The last meeting was a discussion of health care, particularly for uninsured people, and housing resources. Next meeting will be May 15th at 9:00 a.m. at Youth Services. All are welcome.

Respecting Differences Working Team

This group is looking at ways to celebrate Glenview’s diversity. Pastor Kyle Severson talked about the group’s work to set a brand identity. There is also discussion of events the group might host.

Upcoming Meetings

June 4, 2018, 7:30 a.m. at Glenview Public Library

Program ideas are always welcome. Please contact Gayle Curcio (gaylec@twp.northfield.il.us) or Kyle Severson (pastorkyle@stphilipglenview.org).

The meeting adjourned at 8: a.m.

Respectfully submitted,

Jill Brickman

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